

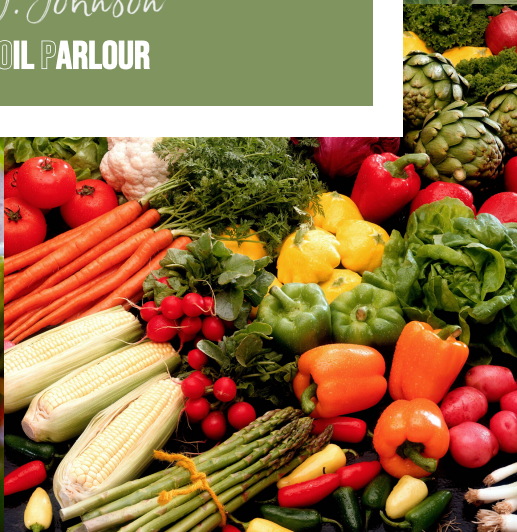
QUICK AND EASY

ORGANIC GARDENING RECIPES

USING ESSENTIAL OILS

Melissa J. Johnson

ESSENTIAL OIL PARLOUR



QUICK START ORGANIC GARDENING RECIPES

All recipes reference an 8oz spray bottle if appropriate.

1 NATURAL WEED CONTROL

15 drops On Guard
2 tps Castille soap
Top with vinegar
Shake well before each use. Don't apply to plants you want to live.

2 ADIOS ANTS

15 drops Peppermint
Top with Water

3 GARDEN TOOL SPRAY

15 drops Melaleuca
top with water

4 POLLINATOR ATTRACTOR SPRAY

10 drops Lavender, Wild Orange or both
Top with water
Spray liberally on plants to attract pollinators.

5 NATURAL INSECT CONTROL

15 drops Peppermint
Top with water
Optional: Add 5-10 drops of these oils:
Clove, Rosemary, Cedarwood, Lemongrass
and Thyme. Apply anywhere you want to get rid of skittering, creeping, crawling, or flying pests.

6 HAND SOAP

½ cup white sugar
3 tablespoons liquid castile soap
1 teaspoon Almond oil
7 drops Lavender
5 drops Melaleuca

7 ITCH STICK/TOO MUCH SUN

8 drops Peppermint
8 drops Lavender
Top with carrier oil in 10ml roller bottle.

8 FUNGUS SPRAY

15 drops Melaleuca
Top with water
Spray soil. Avoid leaves and stem.

9 VERMIN REPELLENT

Douse cotton balls with 1 – 2 drops of Peppermint oil. Tuck them into the entrances of mouse holes, squirrel nests, and other rodent burrows to persuade rodent residents to relocate.

10 DISTRESSED SKIN SUPPORT

Apply Correct X to areas of concern.

11 MOSQUITO BE GONE

Apply TerraShield liberally over exposed skin and clothing.

11 SORE JOINT/MUSCLE RUB

Apply Deep Blue Rub before and after strenuous work to support sore joint and muscles.



Lemon, Lavender
& Peppermint

Repel

GARDEN SPRAY

- add essential oils (*# of drops indicated*) to a 32 oz glass spray bottle
- top off spray bottle with water
- water plants prior to applying spray
- shake well before each application
- apply regularly



Plant Spray

15 drops Peppermint

15 drops Rosemary

Fill glass bottle
with distilled water.

Spray on plants 1-2x per week
to deter pests.





DIY Garden Spray

Fill 8 oz glass spray bottle with equal parts of water and witch hazel, plus 1 tablespoon of alcohol or vodka. Add 20 drops each of **Celery Seed**, **Citronella** and **Lemon Eucalyptus**. Shake well and spray on plants or garden to keep bugs away.



Pollen Attractor Spray

*Add 5-6 drops of
Wild Orange Essential Oil
to a spray bottle with 1 cup water.*

*Spray on flowers and buds
to attract bees for pollination.*

A top-down view of a clear glass bowl filled with fresh vegetables. The bowl contains several bright red cherry tomatoes, a head of green broccoli, a yellow bell pepper, and two carrots (one orange and one yellow). The vegetables are partially submerged in a liquid, likely the wash solution. The background is a dark, neutral color.

Fruit and Vegetable Wash

*Fill a large bowl with water,
1/2 cup vinegar and
4-6 drops of
Wild Orange or Lemon.
Soak fruits and veggies for
few mins and rinse.*

A circular, semi-transparent overlay is centered on a background image. The background shows a close-up of dark, rich soil with several small, reddish-brown ants crawling on it. In the foreground and background, there are green, blade-like leaves of a plant, possibly an iris, which are slightly out of focus. The overall scene is brightly lit, suggesting an outdoor garden setting.

Ant Repellent

4oz sprayer bottle

1/4 cup witch hazel

10 drops Peppermint

Essential Oil



Garden Pest Spray

16 ounce spray bottle
15–20 drops Peppermint oil
Water



Happy
Gardening!